

Toilet training can be tricky, and often we think that once it's over, young people won't have any future issues.

Unfortunately, this isn't always the case. One in 12 children and teenagers will have a bowel and bladder issue. Thankfully, there is help available!

**Call our friendly nurses Lisa and Louise for a 'wee chat' on 0800 650 659** Look out for our World Continence Week resource pack at continence.org.nz

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GJUNE

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